

# Junior Tide Rugby

## Selection Policy

(March 2023)

### 1. Policy Objective

The purpose of this policy is to outline the criteria and procedures that the Junior Tide Rugby program will adhere to and undertake to select Male and Female Age Group Teams for BC Rugby Provincial Regional Championships (PRCs), and to contribute to the development of players in each respective team.

Junior Tide Rugby is an opportunity for promising rugby players to gain greater experience and challenge in rugby and is a step in the BC rugby identification pathway.

### 2. Mission and Vision

Our mission is to improve and promote junior boys and girls representative rugby on Southern Vancouver Island to provide a pathway to UVic Vikes and BC Bears Rugby Programs.

Our vision is to:

- Create a legacy, where Junior Tide rugby teams consistently achieve medal performances at the PRC's.
- Ensure the players achieve significant exposure and above average selection to provincial teams.
- Create an environment where the Junior Tide program will be seen as the GOLD standard for regional representative rugby.

### 3. Financial Obligations

To participate in the tide youth rugby program players must:

- Pay a \$50 non-refundable registration fee prior to participating in Tide Youth rugby events
- Be registered with BC rugby for the 2022-23 season. (current club player)

High School students who are not BC Rugby member must pay \$120 BC Rugby registration fee.

Players selected to the PRC traveling squad must pay travel and accommodation fees of up to \$500.00. Junior Tide rugby may help to subsidize travel and accommodation fees where there is financial need. Through sponsorship the Tide Board will try to offset the total cost to the athlete to play at the PRC's.

### 4. Policy Statement

It is the policy of Junior Tide Rugby to:

- Provide transparency to the selection criteria and procedure that coaches will undertake to select a Junior Tide PRC team at different age groups
- Provide ample opportunity for all aspiring athletes to be observed in their preferred position by the respective Junior Tide Coaches
- Provide constructive feedback to all aspiring athletes and, when possible and appropriate, communicate that feedback to the athletes' coach and parent/guardian;
- Appoint qualified coaches to each Male and Female Age Group Team as outlined in BC Rugby's Coaching Pathway and having the skills and experience to oversee a fair and thorough selection procedure, adhering to this policy
- Provide opportunities for travelling players to be selected in PRC games, however, equal playing time cannot be guaranteed.

## 5. Selection Procedure

The Junior Tide Selection Procedure will involve observation of players by Junior Tide coaches in the following identification opportunities.

- A. Competitive Club Rugby Fixtures: Athletes participating in BC Rugby fall and spring youth leagues may be observed by Tide Coaches and to seek feedback from club coaches
- B. Spring Schools Rugby: Athletes participating for their school team may be observed by Tide Coaches and to seek feedback from school coaches.

Players identified by Tide coaches in A or B above may be invited to attend Identification Sessions as outlined below.

- C. Identification Sessions: Identification Sessions are the primary entry point for athletes wanting to represent Junior Tide rugby and are open to any eligible athlete. These identification sessions will be advertised through the [Tide Rugby Website](#).

To be eligible for selection, an aspiring athlete must meet the following pre-requisites:

- Be a resident of British Columbia; and
- Be a member of BC Rugby in good standing; and
- Be without any outstanding disciplinary suspensions at the time of Squad nomination and Team selection.

A minimum of 6 Identification session will be held prior to the naming of the travel or non-travelling team on or before **May 15<sup>th</sup>, 2023**

It is strongly recommended the player attend at **least 2** identification sessions

Upon notification of selection to the travelling team, players must declare their commitment (section 6) to the Junior Tide program and pay associated travel/accommodation fee within 72 hours of notification unless otherwise discussed with a Tide Board of Directors representative.

## 6. Selection Criteria

Junior Tide Rugby coaches will have the discretion to identify athletes to their respective age-grade program based on the following criteria:

- A. Player Safety: Demonstrates requisite competency to ensure physical and mental safety for the developmental age and physical maturity required for a given age group. In exceptional circumstances players may be allowed to play above or below their age band provided that they have completed the necessary exemptions with BC rugby.
- B. Player Attitude: Demonstrates positive, considerate and appreciative attitude towards the game, officials, coaches, support staff and teammates.
- C. Player Performance: Demonstrates on-field performance during practice activities and assessments of rugby skills and physical testing
- D. Player Teamwork: Demonstrates ability to cooperate and collaborate with fellow players, and their contribution to a positive, respectful and inclusive team environment.
- E. Positional Requirements: Demonstrates required skill set of their preferred positions, any other position the coaches recommend to ensure compliance with the Laws and Age Grade variations of the game.
- F. Commitment: Demonstrates contribution to continuous individual and team improvement.

## **7. Player Commitment**

Once a player is notified of their selection to the travelling or non-travelling team, they must commit to the following:

- Adhere to Junior Tide Rugby and BC Rugby's Code of Conduct at all times
- Attendance at 75% at Tide Practices and inform coaches if they are unable to attend a given practice
- Full attendance for the Provincial Regional Championships.
- Adhere to the Laws of the Game at all times
- To immediately inform coaches of any and all suspected concussions
- To immediately inform coaches of any injuries or illnesses (COVID 19 positive antigen test)

## **8. Player Injury or Illness:**

Players adhering to 'return to play' protocol, with injury or illness can still be considered for selection (Travelling Team), depending on the nature of the concussion, illness or injury and recovery time. Throughout the Junior Tide Program, players and/or their parent/guardian are responsible for informing the Tide Coaches and or a Tide Board of Directors representative of any previous concussions, concussion symptoms, injury or illness that may hamper the player's performance. Players who are unable to safely return to the team in time for the PRCs will forfeit their position in the travelling Team and will receive a full refund of travel / accommodation payments made as outlined in Section 2.

If the team has arrived at the PRCs and a player is unable to play due to injury or illness, the player may be released from the team if under the care of their parent or guardian. If a player becomes sick and poses a risk to other players health (Eg. Positive COVID 19 antigen test), that player may be isolated from the team and the parents / guardians contacted to inform them of appropriate medical procedures. No player will be left alone without the supervision of a Tide Rugby representative.

## **9. Call Up of Reserves**

If the Tide Coach, in consultation with appropriate medical personnel, deem the player's recovery time insufficient to allow that player to safely return to the Team with respect to the playing schedule, the Tide coach must inform the Tide Board of Directors, who will inform the player and their parent/guardian to forfeit their position in the travelling squad.

The Tide Coach will select a non-travelling reserve player as a like-for-like replacement based on the Team's positional requirements. The Tide Board will provide written notice to the reserve player selected to join the travelling team. All reserve player call ups must declare their commitment (section 6) to the Junior Tide program and pay associated travel/accommodation fee within 24 hours of notification unless otherwise discussed with Tide Board of Directors representatives.

If the team has arrived at the PRCs, a non-travelling player cannot be called into the team.

## **10. Game Day Selection**

When playing at the Provincial Regional Championships for a given Tide Program, the Team Head Coach will name a starting team and reserves at least 1 hours prior to kick-off for each game, or earlier if required by the rules of the relevant competition.

After naming the starting players and reserves, the Head Coach may make changes as required by the laws of the game.

Selection to the travelling team does not guarantee equal playing time.

All Game Day selections are final and are not subject to appeal.

All players must start at least one game at the PRC's

## **Appendix A: 2022-23 Coaching Staff, Board of Directors, and Team Managers**

### Girls Coaches

U14 Girls Eoin Carroll & Kelsey McKinnon

U16 Girls Brittany Sims & Emily Samek

U18 Girls Eric Slade & Caitlin McNally

### Boys Coaches

U14 Boys David Hill & Alistair Howes

U16 Boys Will Ballard & Denver Fatt

U18 Boys Dave Phillips & Darren Johnston

### 2023 Junior Tide Board

Byron McAllister

Kerri Cook

Ian Rose

Crystal Stove

Sara Benson

Amanda Haddow

### 2023 Junior Tide Managers

U14 Boys Matt Yerrell

U16 Girls Paula Rousseau

U18 Girls Sara Benson

### 2023 Coaching Consultants

Scott Manning

Brittany Waters

Shane Muldrew

## Appendix B: Tide Schedule

Activity	Tentative Dates	Comments
U14, 16, 18 boys and girls Junior Tide Registration opens	Monday, February 13	
Tide training / ID session (U16 / U18)	Sunday, February 26	2-4pm, Wallace Field
Tide training / ID session	Sunday, March 12	2-4pm, Wallace Field
UVIC/Tide Spring Break Camp U16, U14, U18 Boys	March 20 to 24	9-11am, UVic Turf 2
Tide training / ID session	Sunday, April 2	2-4pm, Wallace Field
Tide training / ID session	Sunday, April 16	2-4pm, Wallace Field
Tide training / ID session	Sunday, April 23	2-4pm, Wallace Field
Tide training / ID session	Sunday, April 30	2-4pm, Wallace Field
Tide training / ID session	Sunday, May 7	2-4pm, Wallace Field
Tide training / ID session	Sunday, May 14	2-4pm, Wallace Field
Team selections (including non travelling reserves)	Monday, May 15	
Player Payment deadline	Monday, May 22	
Regular Team Practices	May 23 to July 4-5 To be confirmed	Start Date may depend on age group. Practices normally Tuesday or Thursday (Boys) or Wednesday or Friday (Girls)
Travelling team communication	Monday, June 19	
Final Practice	Thursday, June 29	BBQ and information session
Travel to UBC for PRC's	Thursday, July 6	
Day 1 PRC's	Friday, July 7	
Day 3 PRC's	Sunday, July 9	
U16/U18 Boys & Girls Exhibition Games vs Washington Loggers	Sunday, July 16	Shawnigan Lake School

## Appendix C: Example Profile / Feedback form

Player Name			School		
Position			Birthdate		
Date					
Coach					
				Self	Coach
<b>Play er Safet y</b>	<i>Demonstrate requisite competency ensure physical and mental safety for the developmental age and physical maturity required for a given age group.</i>				
	Tackle (Attack)	Protects self and ball. Creates space. Provides outlet for ball. Roll away, get to feet.			
	Tackle (Defence)	Tracks ball carrier. Targets low. Head behind. Strong shoulder and wrap. Footwork and leg Drive. Get to feet quickly			
	Contact	Low body position; Flat Back; Shoulders above hips, Binding, Drive with legs			
<b>Pl ay er Pe rfo rm an ce</b>	<i>Demonstrates on-field performance during practice activities and assessments of rugby skills and physical testing</i>				
	Ball Handling	Hands ready, Reach for ball, Release to target, Transfer above waist			
	Running	Evasiveness to create space, side-step, change of pace, explosive power			
	Decision in Support	Angle toward ball, come from depth, runs straight, attacks space, communicates effectively			
	Decision with Ball	Creates space, Draws defender, Maximizes options, Know option prior to getting the ball			
	Fitness	Speed, Strength, Power and Endurance.			
<b>Te a m wo rk</b>	<i>Demonstrates ability to cooperate and collaborate with fellow players, and their contribution to a positive, respectful and inclusive team environment.</i>				
	Off-field Support	Looks for work, Asks when unsure, Seeks duties and or tasks			
	Leadership	Knows own strengths, willing to be vulnerable and learn, encourages others, models the way.			
<b>Att itu de</b>	<i>Players will be evaluated on their positive, considerate and appreciative attitude towards the game, officials, coaches, support staff and teammates.</i>				
	Effort	Gives 101%, Does the hard work, knows their limits			
	Positive impact	Is grateful for opportunity, Is forgiving, acknowledges own mistakes.			
<b>Po siti on al Re qui re m en ts</b>	<i>Demonstrates required skill set of their preferred positions, any other position the coaches recommend and compliance with the Laws of the game</i>				
	Tactical Awareness Attack	Reads the play, adjusts to patterns, knows primary role, identifies patterns from set piece			
	Tactical Awareness Defense	Maintains structure, takes the space, uncompromising attitude, adjusts lines to condense space			
	Open field skills	Rucks, Tackles, Jackles, Kicks for continuity of play, plays to strength			
	Set piece skills	Scrum, Lineout, Restarts.			
<b>Commitment: Demonstrates contribution to continuous individual and team improvement.</b>					
	Self Autonomy	Regulates emotion, Self starter, curious to learn			

### RATING

1	Emerging – Demonstrates some of the time in practice and games
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<b>2</b>	Developing- Demonstrates most of the time in practice, but only sometimes in games
<b>3</b>	Proficient- Demonstrate consistently in practice, and most of the time in games
<b>4</b>	Maximizing – Demonstrate all of the time in practice, with high consistency in games
<b>5</b>	Excelling – Demonstrate beyond level (age group) in both practices and games